

Washington, DC

Abstinence Awareness Fact Sheet



Know the facts:

- **Abstinence works every time**
- **There is a solution for the HIV/AIDS epidemic: Abstinence before marriage and faithfulness within marriage.**
- **Abstinence is the only 100% sure way to avoid the negative physical, intellectual, emotional, social, spiritual and financial consequences of sex outside of marriage.**

Did you know that?:

- **1 in 16 teen girls** 15 to 19 years old **gets pregnant each year** in DC, and in many DC communities, up to 60% of all teenage girls will get pregnant at least once?
- **2.8 % of black females and 7.1% of black males in DC are infected with HIV/AIDS that is diagnosed, but the actual rate is much higher?**
- Approximately **10,000** DC residents have died of HIV/AIDS?
- **84.7% of new AIDS cases** women in DC are **among Blacks?**
- **42% of DC high school students have never had sex** with twice as many now abstaining as compared to 1994?
- **Girls who experiment with drugs or sex** are two to three times **more likely to be depressed** than those who don't.?
- **Boys and girls who are sexually active** are also much **more likely to drink alcohol**, smoke cigarettes, smoke marijuana, be suspended from school, or be arrested?
- **Condoms do not provide any protection against HPV** (human papillomavirus, the primary cause of cervical cancer) or **trichomonas vaginalis**, and only 50% protection (at best) against genital herpes, gonorrhea and syphilis and Chlamydia?
- The number of Washington DC **Chlamydia** infections among teenagers almost doubled from 2006 to 2007 with almost **2400 teenagers infected?** Chlamydia can lead to sterility if not treated.
- In DC's Wards 7 & 8, **82% of all births are to single mothers?**
- **Prevention through abstinence will improve future outcomes for youth and for our city:**
 - Studies reveal that **even in high-crime inner-city neighborhoods**, well over **90 percent of children from safe, stable, two-parent homes do not become delinquents**. More youth waiting means more stable homes in the future.

Abstinence works every time. Condoms have limited effectiveness, and do not deal with the emotional, social, intellectual and spiritual consequences of having sex. You are worth waiting for.

For statistical sources and more information, see www.ultrateenchoice.org

ULTRA Teen Choice | 202-558-5550 | www.ultrateenchoice.org

Richard & Stacey Urban, co-founders

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